

Division of Mental Health, Developmental Disabilities and Substance Abuse Services  
Community Policy Management Section

**State-Funded Y-Code Services Eligible for Reimbursement for Services Provided by  
Designated Non-Licensed Substance Abuse Counseling Professionals**

**Effective: July 1, 2008**

The Division has approved for reimbursement through the Integrated Payment and Reporting System (IPRS) the following state funded Y-Code services provided to substance abuse target populations by designated non-licensed substance abuse professionals. Licensed professionals are required to continue to utilize the current H-Codes. The same IPRS edits, audits and rates will be in place for these Y-Codes as are currently in use with the comparable H-Codes. **The designated non-licensed substance abuse counseling professionals who are covered under this policy are not included in the new "Incident To" policy for provisionally licensed professionals who are identified in the Department's Implementation Update # 43, dated May 5, 2008.**

**Please be advised that this state only policy does not change posted Medicaid policy.** For questions or further information, please feel free to contact either Spencer Clark at [Spencer.Clark@ncmail.net](mailto:Spencer.Clark@ncmail.net) or 919-733-4670 or Starleen Scott Robbins at [Starleen.Scott-Robbins@ncmail.net](mailto:Starleen.Scott-Robbins@ncmail.net) or 919-715-2774.

The approved IPRS Y-Codes for state billing only by designated non-licensed substance abuse professionals and the comparable H-Codes are as follows:

	H-Codes for Medicaid and IPRS Billing by a Licensed Clinical Addictions Specialist (LCAS) or Other Licensed Professional: Effective 9/20/06	Y-Codes for IPRS Only State Billing by a DMH/DD/SAS Designated Non-Licensed Substance Abuse Professional: Effective 7/01/08	Division Recommended State Only Service Unit Reimbursement Rate
Alcohol and/or Drug Assessment	H0001	YP830	\$15.40
Behavioral Health Counseling	H0004	YP831	\$22.00
Behavioral Health Counseling – Group Therapy	H0004HQ	YP832	\$8.11
Behavioral Health Counseling – Family Therapy with Client	H0004HR	YP833	\$22.00
Behavioral Health Counseling – Family Therapy without Client	H0004HS	YP834	\$22.00
Alcohol and/or Drug Group Counseling	H0005	YP835	\$5.68

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**Approved Qualifications of Designated Non-Licensed  
Substance Abuse Counseling Professionals**

Effective: July 1, 2008

The Division has approved the qualifications of designated non-licensed substance abuse professionals who are eligible for reimbursement for identified state funded Y-Code services provided to IPRS substance abuse target populations, effective July 1, 2008, for the following:

- 1) **A Certified Substance Abuse Counselor (CSAC) who holds a current certificate to practice counseling through the North Carolina Substance Abuse Professional Practice Board**, and who practices under the required clinical supervision of a Board designated practice supervisor including a Certified Clinical Supervisor (CCS), Clinical Supervision Intern, or Licensed Clinical Addictions Specialist (LCAS); or
- 2) **A graduate of a designated substance abuse specialty Masters degree program that is recognized by the North Carolina Substance Abuse Professional Practice Board**, and whose course of study has included the successful completion of a minimum of 180 hours of Board approved substance abuse specific training/education and 300 hours of Board-approved supervised practical training, and **who has been granted registration status with the North Carolina Substance Abuse Professional Practice Board**, and who practices under the required clinical supervision of a Board designated practice supervisor including a Certified Clinical Supervisor (CCS) or Clinical Supervision Intern. The designated substance abuse specialty Masters degree programs that are currently recognized by the North Carolina Substance Abuse Professional Practice Board are:
  - a) **The University of North Carolina at Chapel Hill**, School of Social Work, Certificate Program in Substance Abuse Studies;
  - b) **The University of North Carolina at Charlotte**, College of Education, Substance Abuse Counseling Certificate Program;
  - c) **East Carolina University**, School of Allied Science, Certificate in Rehabilitation Counseling and Certificate in Substance Abuse Counseling;
  - d) **The University of North Carolina at Wilmington**, Department of Psychology, Master of Arts in Psychology with a Concentration in Substance Abuse Treatment; and
  - e) **Appalachian State University**, College of Education, Department of Human Development and Psychological Counseling, with a Degree in Addiction Counseling; and
  - f) **Western Carolina University, College of Health and Human Services, Department of Social Work**, with a Graduate Certificate in Substance Abuse Studies; and
  - g) **North Carolina A & T State University**, Department of Human Development and Services, with a Certificate in Rehabilitation Counseling and Behavioral Addictions.
- 3) **A graduate of a college or university that has received a Masters degree with clinical application in a human services field and has been granted registration status with the North Carolina Substance Abuse Professional Practice Board**, and has

successfully completed a minimum of 180 hours of Board-approved substance abuse specific training/education and 300 hours of Board-approved supervised practical training, and practices under the required clinical supervision of a Board designated practice supervisor including a Certified Clinical Supervisor (CCS) or Clinical Supervision Intern; or

- 4) **A Substance Abuse Counselor Intern** who has been granted current designation to practice counseling by the North Carolina Substance Abuse Professional Practice Board, with the Board having verified the successful completion of 300 hours of supervised practical training and the individual having successfully completed the required written examination of the Board, and who practices under the required clinical supervision of a Board designated practice supervisor including a Certified Clinical Supervisor (CCS) or Clinical Supervision Intern, **and who is designated as a Qualified Professional in substance abuse** within the mh/dd/sas system of care under the definition of 10 A NCAC 27 G .0104 as follows:

- (a) an individual who holds a license, provisional license, certificate, registration or permit issued by the governing board regulating a human service profession, except a registered nurse who is licensed to practice in the State of North Carolina by the North Carolina Board of Nursing who also has four years of full-time accumulated experience in mh/dd/sa with the population served; or
- (b) a graduate of a college or university with a Masters degree in a human service field and has one year of full-time, post-graduate degree accumulated mh/dd/sa experience with the population served, or a substance abuse professional who has one year of full-time, post-graduate degree accumulated supervised experience in alcoholism and drug abuse counseling; or
- (c) a graduate of a college or university with a bachelor's degree in a human service field and has two years of full-time, post-bachelor's degree accumulated mh/dd/sa experience with the population served, or a substance abuse professional who has two years of full-time, post-bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling; or
- (d) a graduate of a college or university with a bachelor's degree in a field other than human services and has four years of full-time, post-bachelor's degree accumulated mh/dd/sa experience with the population served, or a substance abuse professional who has four years of full-time, post bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling.

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